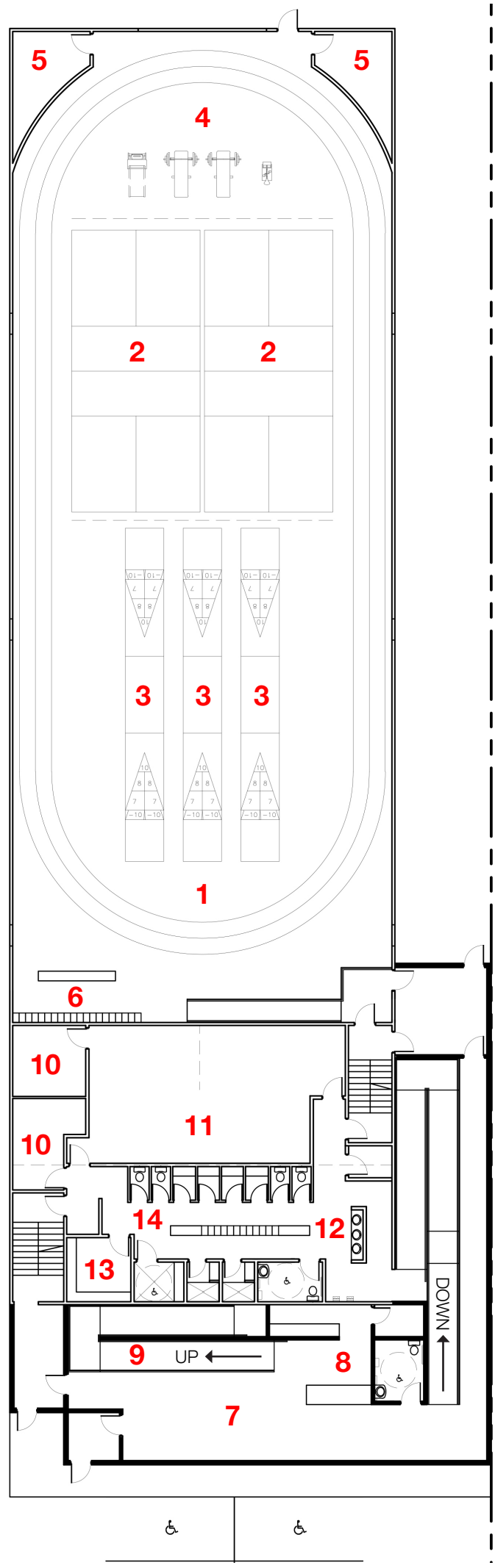
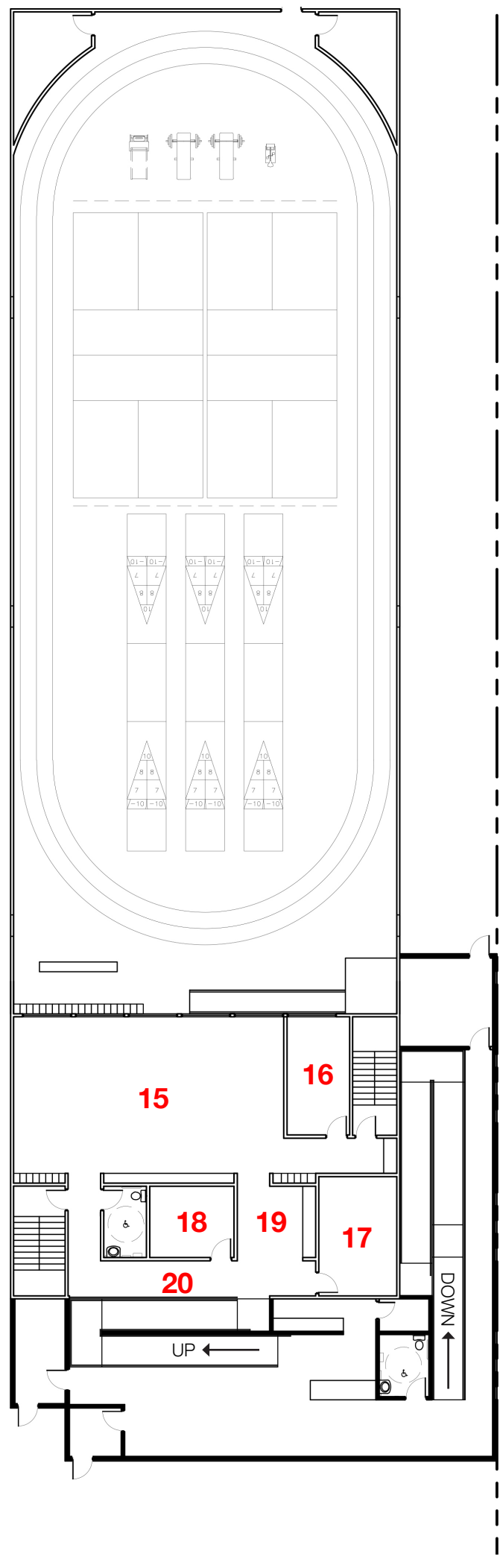




New Exterior Entrance



Main & Basement



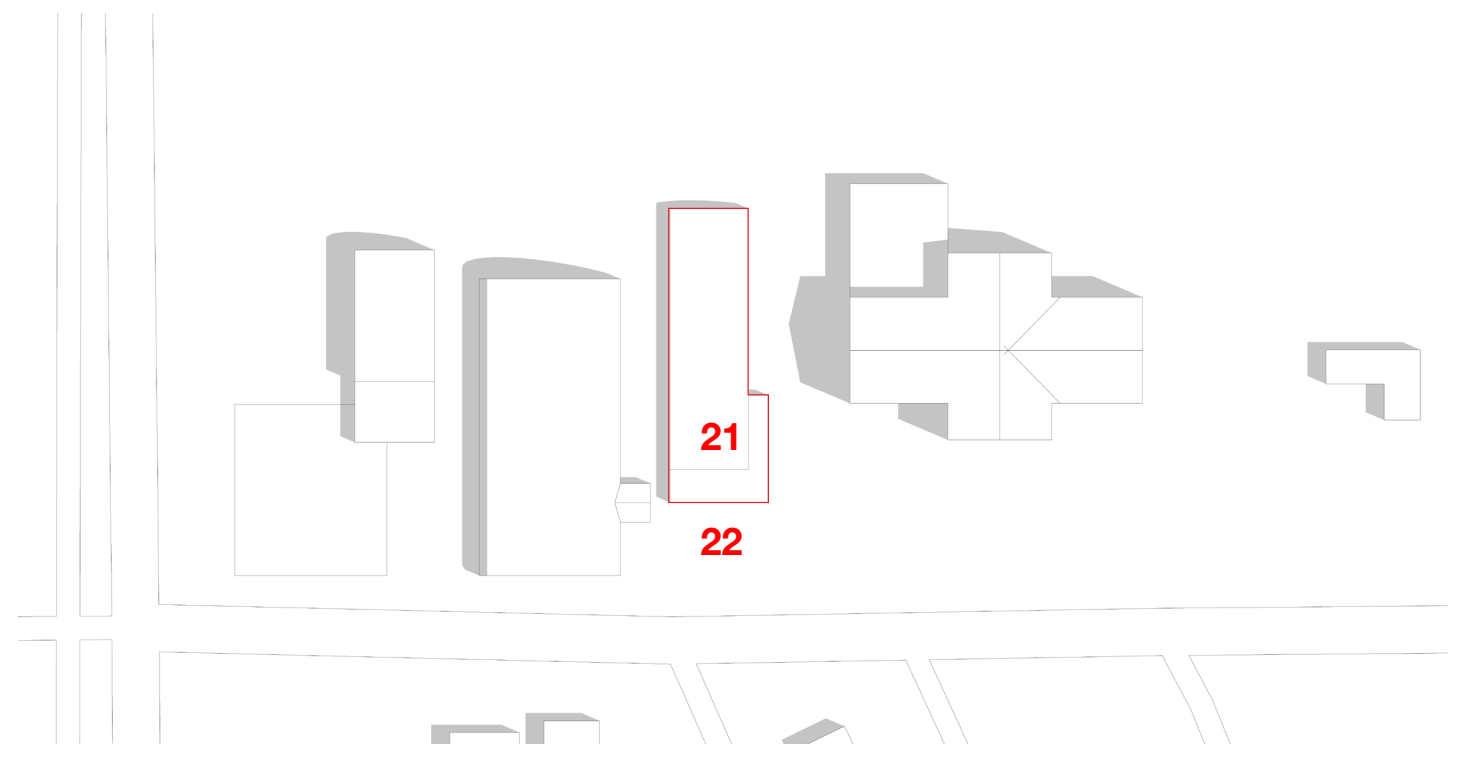
Upper Floor

Lakeshore Regional Wellness Centre

Concept Design

The new Lakeshore Regional Wellness Centre is located on the site of the repurposed Ashern Curling Rink. The vision for the new facility is a centre that promotes and accommodates a holistic vision of wellness for individuals, for Ashern, and for the Northwest Interlake. A wide range of recreation, leisure, and health related programming will be supported by the new centre that will include a multipurpose gymnasium, multipurpose fitness studio, meeting areas, flexible rentable office space, sauna, and changing facilities.

- | | |
|----------------------------------|--|
| 1 WALKING TRACK | 12 UNIVERSAL CHANGE / SHOWER / RESTROOMS |
| 2 PICKLEBALL COURT | 13 SAUNA |
| 3 SHUFFLECURL COURT | 14 SEATING AND STORAGE AREA |
| 4 WEIGHTS AREA | 15 MULTIPURPOSE FITNESS STUDIO |
| 5 EQUIPMENT STORAGE | 16 PROGRAM COORDINATOR OFFICE |
| 6 LOCKERS & SEATING | 17 FLEXIBLE RENTAL OFFICE SPACE |
| 7 ENTRY LOBBY / SEATING AREA | 18 STORAGE |
| 8 RECEPTION AREA | 19 CONCESSION / COFFEE BAR |
| 9 LIVING WALL | 20 OPEN TO LIVING WALL & ENTRY LOBBY BELOW |
| 10 MECHANICAL / ELECTRICAL ROOMS | 21 NEW LRWC LOCATION |
| 11 MEETING ROOM | 22 NEW PARKING LOT W/ ELEC CHARGING STATIONS |



Site Plan

sevenzeroone architecture inc.



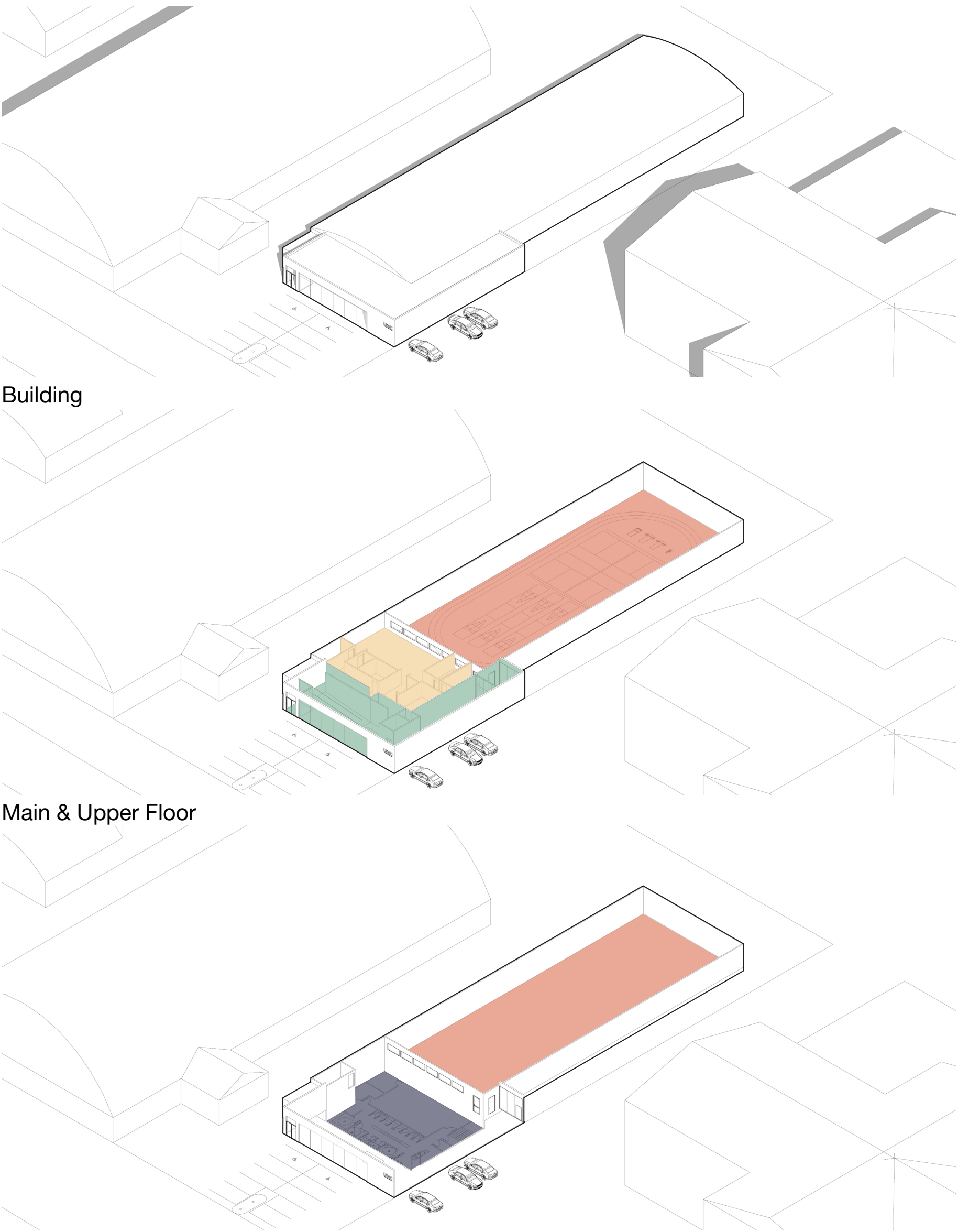
Gym & Courts



Fitness Studio



Entry Lobby & Reception



Building

Main & Upper Floor

Main & Basement

MULTIPURPOSE GYMNASIUM

The renovation of the existing curling surface will include new sport flooring with in-floor radiant heat accommodating a 16 lap per mile 2 lane walking track, 2 pickleball courts, 3 shufflecurl courts, and a weightlifting and exercise area. The space will feature curtain partitions to divide the space depending on programming, water bottle fill stations, and new skylights or skytubes.

MULTIPURPOSE FITNESS STUDIO

The renovated upper level will be home to an open flexible space that can support a wide variety of programming including yoga, zumba, dance, and martial arts. Surrounding the flexible space will be a kitchen and concession, and a flexible rentable office space able to bring in additional services from the surrounding community such as counseling or other health and wellness related services.

RECREATION & PROGRAM SUPPORT SPACES

The lower level of the existing curling club will include universal changing and washroom facilities complete with lockers and showers and will feature access to a sauna. A flexible meeting room will support community organization meetings and clubs.

NEW ADDITION

A new 2,600 square foot addition to the south end of the existing curling rink will create an eye catching new face for the facility and will include a new entry lobby, reception area, and universal access to all floor levels via an attractive ramp system. The living wall is presented as a possible feature that has the opportunity to incorporate medicinal plantings in consultation with community indigenous leadership.

DESIGN

A universal design approach will be taken in all aspects of the new facility. Universal design aims to consider a wider spectrum of human ability, exceed minimum building code standards and provide equal access for everyone. A holistic vision of wellness includes a vision for environmental sustainability for the project. The reuse of an existing building is an important first step in capitalizing on existing resources and reducing the need for new building materials. Passive solar strategies, on site energy production, and green building certification programs such as LEED and WELL certification will be pursued.

We are in the early stages of the project and are pursuing capital funding from federal and provincial grants, green building incentive programs, corporations, user groups, fundraising events, and naming rights. If you are interested in making a donation please contact Edith Peterson (Treasurer) at 204.768.3009 or ekkk@mymts.net. Follow our progress and keep up to date on Facebook:

www.facebook.com/LakeshoreRegionalWellnessCommission/



Ramp Up to Fitness Studio



Ramp Down to Change & Meeting Rooms